# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

## COURSE OUTLINE

Course Title:	BEHAVIOUR MANAGEMENT
Code No.:	DSW 202-3
Program:	DEVELOPMENTAL SERVICES WORKER (D.S.W.)
Semester:	THREE
Date:	SEPTEMBER 1990 PREVIOUS OUTLINE DATED: SEPTEMBER 1989
Author:	GERRY PAGE

APPROVED: <u>L'Actasario</u> DATE: <u>June 29/90</u>

COURSE OUTLINE - DSW 202-3 (Behaviour Management) D.S.W. Program (Instructor: G. Page)

#### COURSE DESCRIPTION:

This course is a continuation of Introduction to Behaviour Management. Applied Behaviour Analysis techniques will be studied in detail with emphasis on operant conditioning. Students will learn how to assess, develop, implement and monitor behavioural programs. Behaviourism will be studied within a "Humanistic" frame of reference keeping in mind ethical and legal considerations.

## COURSE GOALS:

Upon completion of the course the student will demonstrate the following:

- 1. The ability to identify behaviour in operational terms.
- Understand the concepts and principles of classical and operant conditioning and the ability to apply these principles to the work environment.
- 3. Demonstrate an understanding of various techniques and procedures used in behaviour modification and task analysis.
- 4. Demonstrate and understand methods and procedures for observing behaviour.
- 5. Demonstrate several methods for recording data and apply this knowledge to practicum.
- Understand legal and ethical considerations for administrating behavioural programs.

TEXTBOOK(S):

- Required Text: Behaviour Modification: What It is and How to Use It? Authors: Martin, Pear. 2nd Edition.
- Optional Text: Behaviour Principles in Everyday Life. Author: JD. Baldwin.

Reference: "The How To (Series)". H H Enterprises (Library.)

Additional A/V or films (depending on avaiability) will be used in conjunction with the above text.

Students will be expected to engage in role playing in order to facilitate learning. Demonstrations may be carried out in the work environment while on field placements. Check with your assigned faculty supervisor.

COURSE OUTLINE - DSW 202-3 (Behaviour Management) Cont'd D.S.W. Program (Instructor: G. Page)

## EVALUATION:

Students will be expected to be in attendance and act as a participant in classroom and field work areas. Students will be graded as follows:

1. Quizzes 4 X 50 = 200 points
2. Journal Summary due
last week of October = 50 points
3. Behaviour Modification
Program due the last week of November
Total = 300 points

Grading is as follows: 270 to 300 points = A+ 249 to 269 points = A 225 to 248 points = B 180 to 224 points = C

## Attendance Bonus:

Students may earn .5 points for each hour they attend class to a maximum of (.5 X 45 hours = 22.5 points). For each hour that the student is not in attendance, 3 points will be deducted fro the 22.5 Bonus points.

Note: The faculty reserves the right to alter course material and or grading as deemed necessary.

COURSE OUTLINE - DSW 202-3 (Behaviour Management) Cont'd D.S.W. Program (Instructor: G. Page)

## SYLLABUS:

- Week I: Review of Operant & Classical Conditioning (Ch. 16) Defining Behaviour in Operational Terms (Ch. 1) Review Quiz
- Week II: Data Collection Techniques (Ch. 19 & 20) Graphing
- Week III: Reinforcement/Extinction Review (Ch. 3 & 4) Schedules of Reinforcement That Increase and Decrease Behaviours (Ch. 6, 7, 8)
- Week IV: Shaping, Fading and Chaining Techniques (Ch. 5, 10, 12) Quiz #1
- Week V: Punishment Theory & Practical Issues (Ch. 14) Legal and Moral Issues
- Week VI: Punishment (cont'd) (Ch. 18) Overcorrection Procedures Time Out, Reprimands
- Week VII: Conditioned Reinforcement (Ch. 11) Token Economy (Ch. 23)
- Week VIII: Quiz #2 Stimulus Control (Review) (Ch. 9) Stimulus Discrimination Review (Ch. 9) Stimulus Generalization (Ch. 13)
- Week IX: Developing Self control (Ch. 24) Causes of Self Control Problems Behavioural (Contingency) Contracts
- Week X: Systematic Self-Desensitization (Ch. 25) Deep Muscle Relaxation

Week XI: Cognitive Behaviour Modification (Ch. 26) R.E.T. Cognitive Therapy Thought Stopping

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- Week XII: Quiz #3 Escape and Avoidance Conditioning (Ch. 15) (Establishing Desirable Behaviour)
- Week XIII: Alternatives for Increasing Behaviour (Ch. 17)
- Week XIV: Doing Research In (Ch. 21) Behaviour Modification
- Week XV: Areas of Clinical (Ch. 27) Behaviour Therapy Coping with Stress
- Week XVI: Review Quiz #4